

LifeWorks of Sonoma County



Family Education Center Parenting Group

We are proud to present a PARENTING CLASS for SIX weeks to help parents of any age child build on their strengths while learning tools to invite cooperation and build happier families.

GET A HEAD START FOR THE 2008-2009 SCHOOL YEAR!

The Topics are based on The Building Blocks of Positive Discipline:

- ⇒ Identifying the Causes of Misbehavior (Mistaken Goals)
- ⇒ The Secret to Feeling Good About Being a Parent (Parenting Styles)
- ⇒ When Punishment Isn't Enough (Encouragement)
- ⇒ Teaching Responsibility the Easy Way (Consequences)

Where:

The classes will be held at the LifeWorks' site:
Family Education Center of LifeWorks
1200 College Avenue, Santa Rosa, CA 95404

When:

Beginning September, 2008

Cost:

\$80.00

How To Sign Up:

Please contact **Linda T. Walsh, MFT**, Program Director
Family Education Center of LifeWorks

at (707) 568-2300 ext. 16
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***Family Education Center
of LifeWorks
provides parents
with effective skills
through education to
build healthy, rewarding
relationships with their
children and prevent
behavior problems.***

