



LifeWorks of Sonoma County

LifeWorks of Sonoma County, a nonprofit mental health agency, provides education and counseling to foster and support positive emotional development in our community.

Family Education Center

We are proud to present a six week bilingual PARENTING CLASS facilitated by Gail Van Buuren, MFT to help parents of any age child build on their strengths while learning tools to invite cooperation and build happier families.

Family Education Center of LifeWorks provides parents with effective skills through education to build healthy, rewarding relationships with their children and prevent behavior problems.

The Topics are based on The Building Blocks of Positive Discipline:

- ⇒ Identifying the Causes of Misbehavior
- ⇒ The Secret to Feeling Good About Being a Parent
- ⇒ When Punishment Isn't Enough
- ⇒ Teaching Responsibility the Easy Way

Where:

LifeWorks of Sonoma County
1200 College Avenue, Santa Rosa, CA 95404

When:

September 30
October 7
October 14
October 21
October 28
November 4

6:30p.m. – 8:00 p.m.

Cost:

\$80.00 per person

How To Sign Up:

Please contact **Linda T. Walsh, MFT**, Clinical Director
(707) 568-2300 ext. 16
or **walshl@lifeworkssc.org**



visit our website at

www.lifeworkssc.org

